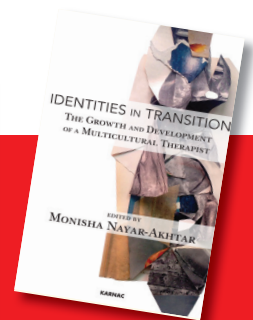
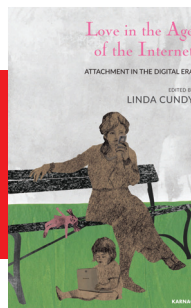
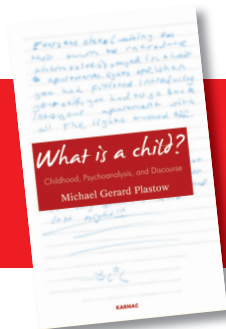


KARNAC REVIEW

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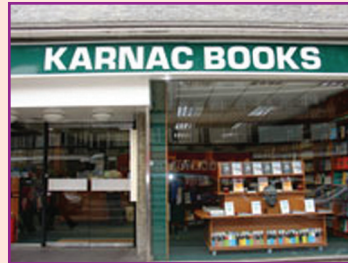
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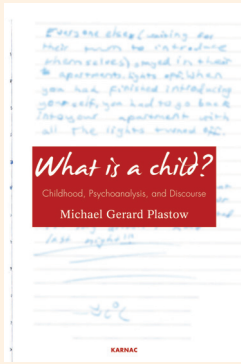
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What is a Child? Childhood, Psychoanalysis, and Discourse

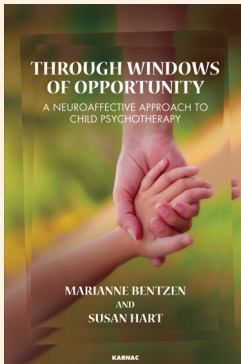
By **Michael Gerard Plastow**, a psychoanalyst working in private practice in Melbourne who also practises in the public sector as a child psychiatrist at the Alfred Child and Youth Mental Health Service where he leads a multi-disciplinary team.

Childhood is defined in different preconceived manners by different discourses. Thus the categories defined by age such as infant, child, adolescent and so on, are to some extent arbitrary divisions that are subject to the evolution in clinical, societal, ideological and political discourses.

Within psychoanalysis there has been a conflation of childhood construed through the retrospective memories of adults, and childhood as seen through the perspective of infant observations. In *What is a Child?* Michael Gerard Plastow argues that the place of the child as subject in the fullest sense has been neglected through these tendencies, and that such confusion has marked the history of the psychoanalysis of the child itself, which began as a family affair.

In this book, Plastow endeavours to tease out the different notions of time and history that are implicit in the history of child psychoanalysis and in the clinical approach to childhood. He closely examines the beginnings of psychoanalysis of the child, particularly emphasising the contributions of Hermine Hug-Hellmuth. It was she who emphasised the impossibility for parents to analyse their own children. This contribution also enabled her to theorise the place of the parents in relation to the analysis of a child. The author also examines the history of the discourses that have determined how we consider childhood and thus conceive of the child. In his conclusion, Plastow returns to the questions of the child, the parents, and the symptom, as well as the notion of 'cause', in order to examine the implications of this study for clinical practice with children and their families.

Karnac Books, September 2014, 250 pp, Demy PB 9781780490557/£25.99



Through Windows of Opportunity A Neuroaffective Approach to Child Psychotherapy

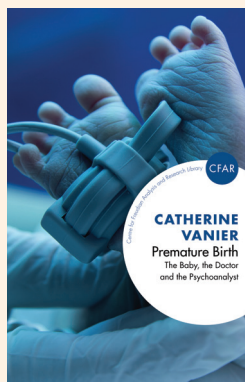
By **Marianne Bentzen**, a neuroaffective psychotherapist whose focus today is on the practical applications of neuroaffective developmental psychology, PTSD treatment, mindfulness practice, and systemic processes; and **Susan Hart**, a psychologist with an independent practice who works mainly with professional supervision of health professionals and advisers to foster families.

Research has shown that nonspecific factors such as relationships and personality have a stronger correlation to outcome than method. The basic argument of this book is that skilled psychotherapists do similar things while describing them differently, and that psychological healing is created in the context of relationship. The work of four therapists is presented: Peter Levine from the USA, Jukka Mäkelä from Finland, Haldor Øvreeide from Norway, and Eia Asen from London. The closing chapters of the book summarise the high points of the discussions among the four therapists about nonspecific but shared aspects of their interventions, moderated by the authors.

'This intriguing and original book is the first exploration of the "moments of meeting" paradigm, which Dan Stern would have been delighted with and all of us can learn from. The authors have provided a highly integrated application of neuroaffective developmental psychology to bring a revitalising perspective to psychological therapy for children. It is well worth reading – and reading again.'

– **Professor Peter Fonagy**, PhD

Karnac Books, January 2015, 304 pp, Demy PB 9781782201588/£25.99



Premature Birth The Baby, the Doctor, and the Psychoanalyst

*The Centre for Freudian Analysis and Research
Library*

By **Catherine Vanier**, a practising analyst who also works in the neonatology service of the *Hôpital Delafontaine* in Saint Denis and is the President of *Enfance en Jeu*, an association for research in paediatrics, psychoanalysis, and pedagogy.

The extremely premature babies who are hospitalised in a neonatal intensive-care unit are babies in danger. And if they manage to survive in their incubators, how can they begin to grasp the world outside? If a baby is attached to a machine and partially cut off from the Other, what possibilities does it have of becoming a subject?

We are aware of some of babies' extraordinary capacities, but what do we know about their experience of these extremely difficult and painful living conditions, of having been cast into a strange and hostile world? How can their families and doctors facilitate their encounter with these infants? What are the effects of premature birth on the newborn baby, its parents, and the medical team?

The current data shows that even when premature babies do survive, they often suffer from behavioural problems and in some cases from psychosis or autism. What happens to the relationship between the mother and her infant when mothers are 'prevented' from taking care of their babies and left to feel guilty and useless? How do we intervene, so that despite everything we help restore the 'primary maternal preoccupation' described by Winnicott? In this process, it is crucial that we work not only with the babies and their families, but also with the doctors.

The psychoanalytical approach, which speaks about the necessity of 'supposing a subject' in the baby, offers us another way of working and confronts us with a different set of ethical questions, thus allowing us to radically rethink our idea of 'developmental care'.

Karnac Books, February 2015, 288 pp, Demy PB 9781782201212/£27.99



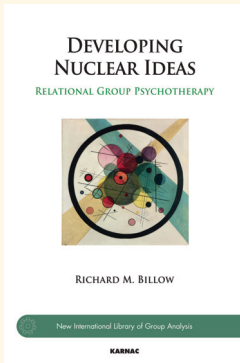
Play, Gender, Therapy Selected Papers of Eleanor Galenson

*The International Psychoanalytical Association
Psychoanalytic Ideas and Applications Series*

Edited by **Nellie L. Thompson**, a historian and member of the *New York Psychoanalytic Society and Institute*, where she is the *Curator of the Archives & Special Collections of the A. A. Brill Library*.

Eleanor Galenson had a remarkable career during which her singular focus was her life-long interest in the maturational and psychosexual vicissitudes of infancy and early childhood. The selection of her writings in this volume highlight her approach to the study of the early years of life and, in particular, her contributions to understanding the developmental significance of the very young child's discovery of sexual difference, and the ways in which each child expresses this through play, symbolisation, and language.

Karnac Books, April 2015, 288 pp, Demy PB 9781782200260/£25.99



Developing Nuclear Ideas Relational Group Psychotherapy *The New International Library of Group Analysis*

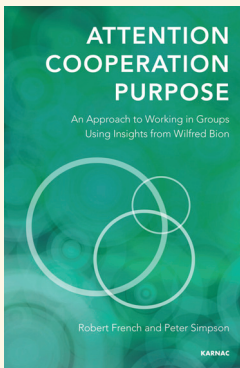
By **Richard M. Billow**, a diplomate in group psychotherapy, a clinical psychologist and psychoanalyst, and an active contributor to the psychoanalytic and group literature. He is Clinical Professor and Director of the Group Program of the Derner Institute of Advanced Psychological Studies, Adelphi University, New York, with a private practice in Great Neck, New York.

Building and expanding on concepts presented in his previous volumes (*Relational Group Psychotherapy: From Basic Assumptions to Passion and Resistance, Rebellion and Refusal in Groups: The 3Rs*), Richard M. Billow presents a coherent and innovative model of group psychotherapy.

This book offers, in experiential terms and with vivid examples, a theoretical and technical approach to understand and organise dynamic group process and drive it towards satisfying the goal of all therapy, the hunger for emotional truth. By developing nuclear ideas, the therapist and the group itself go about the task of containing and making sense of the perceptions, conceptions, affects, and enactments present in all groups. The volume also addresses the impact of thought-limiting, action-orientated polemic ideas.

Integrating contemporary theory with cutting edge technique, the author focuses on the personal nature of the intersubjective process, locating the therapist's experience in the centre of the transformational intensity of group life.

Karnac Books, January 2015, 288 pp, Demy PB 9781782202059/£25.99



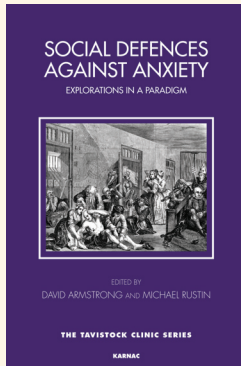
Attention, Cooperation, Purpose An Approach to Working in Groups Using Insights from Wilfred Bion

By **Robert French**, a writer and organisational consultant and Visiting Research Fellow at Bristol Business School, University of the West of England; and **Peter Simpson**, Associate Professor in Organisation Studies at Bristol Business School.

This book describes an approach based on attention that can help individuals and groups to cooperate more effectively. It presents the first book-length reassessment of Wilfred Bion's ideas on groups. Every group has a purpose or purposes – or, as Bion put it, 'every group, however casual, meets to "do" something.' The approach described here shows how individual group members' use of attention – both broad or 'evenly suspended' and focused – can promote a better understanding of purpose, making it possible for them to do what they have met to do. This work of attention enables group members to maintain a clear sense of their purpose and also to recognise how easily they can become distracted, losing focus and dispersing their energies into activities that are off task.

The approach builds on the authors' experience of using Bion's insights into group dynamics over twenty-five years in different contexts, formal and informal, as group members, managers, leaders, teachers, consultants, researchers, family members, and friends. The book aims to introduce Wilfred Bion's ideas to those who may never have encountered them, but it also develops those ideas in a way that offers fresh insights for those already familiar with his work. Throughout the book the authors use stories from their own experience to make the ideas accessible to anyone who is seeking to enhance their contributions to group life, to find the truth behind their experience, or simply to make things less confusing.

Karnac Books, November 2014, 176 pp, Demy PB 9781782201311/£21.99



Social Defences Against Anxiety

Explorations in a Paradigm

The Tavistock Clinic Series

Edited by David Armstrong, an Associate Consultant at Tavistock Consulting who trained as a social psychologist at the Tavistock Institute of Human Relations; and Michael Rustin, Professor of Sociology at the University of East London, a Visiting Professor at the Tavistock Clinic, and an Associate of the British Psychoanalytical Society.

This book revisits the theory of social systems as a defence against anxiety first set out by Elliott Jaques and Isabel Menzies Lyth in papers that they published in 1955 and 1960, and that have been influential points of reference ever since. Menzies Lyth's study of the nursing system of a general hospital, with its roots in both psychoanalysis and socio-technical systems thinking, has remained one of the most convincing demonstrations of the influence of unconscious anxieties on social behaviour, and of their effects in inducing dysfunctional defensive systems in organisations. The theory of 'social defences against anxiety' remains one of the most significant contributions of the 'Tavistock school' to the study of human relations.

Contributors explore this theory as a generative paradigm, capable both of theoretical extension and of empirical application to different institutional settings. They review changes that have taken place in the theoretical and social context since these ideas were first advanced, and assess what conceptual revisions these developments require. The relevance of Menzies Lyth's ideas to contemporary settings of health and nursing is examined, as is the value of these ideas in explaining anxieties and their concomitant social defences in the private sector and in various fields of public education and welfare. Finally, the book discusses some educational and therapeutic practices which have evolved at the Tavistock and elsewhere to 'contain' unconscious anxieties and to mitigate damaging forms of defence against them.

Contributors to the book include writers distinguished for their contributions to the fields of organisational consultancy, to applied socio-psychoanalytic thought, and to research and professional practice in several fields.

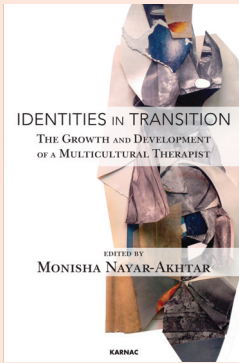
'The editors are to be congratulated on having turned out a most impressive piece of work. Their introduction is a masterpiece of clarity, of concepts, and of subsequent developments following Isabel Menzies Lyth's original work. In addition to this most erudite summary, there is a wealth of contributions from a worldwide spectrum of application in which any reader will find inspiration.'

– Anton Obholzer, Chair, Tavistock Institute of Medical Psychology

'A rare gift to any field, this volume critically engages one of its foundational concepts: collective unconscious defences against shared anxiety. At once scholarly and imaginative, the scope of this volume's contributions is breathtaking: from careful examination of the nature of anxiety to astute observations on the interaction between organizational and societal dynamics. This book is a sweeping achievement, discerningly rooted in its tradition and yet extraordinarily rejuvenating to contemporary thinking and practice.'

– M. Gerard Fromm, PhD, ABPP, President of the International Society for the Psychoanalytic Study of Organizations; Senior Consultant, Erikson Institute for Education and Research, Austen Riggs Center

Karnac Books, November 2014, 400 pp, Demy PB 9781782201687/£29.99



Identities in Transition The Growth and Development of a Multicultural Therapist

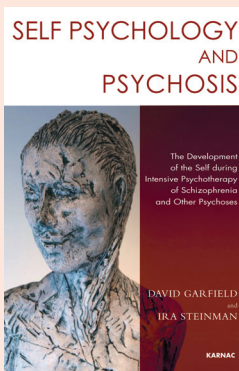
Edited by Monisha Nayar-Akhtar who trained at the Michigan Psychoanalytic Institute in adult and child/adolescent analysis and is now a training and supervising analyst.

This is a book about the growth and development of a multicultural therapist/analyst. Hailing from all around the world (Argentina, England, Egypt, India, Israel, Iran, Lebanon, New Zealand, Mexico, Nigeria, Puerto Rico, Poland) the contributing therapists share their personal stories of clinical minds at work.

The factors that inform them are varied and diverse, shaped by their histories of immigration and professional training. Insightful and thought provoking, their explorations capture the struggles, the dilemmas, and the skillful integration of various parts of themselves, which finds expression in clinical encounters and analytic settings. Their sensitive reflections upon the salient features of their didactics, supervision, and personal analyses, provide a blue print for an adaptive and assimilative process at work.

The nuanced impact of immigration, of diversity of culture, of thought and conduct, and the integrative process is highlighted. In the process these clinicians develop a 'voice' as unique as their past, informed by thoughtful reflections of their training and the assimilative process. Embracing multiculturalism, this book provides hope and possibilities for both young and old clinicians. In a world that is culturally diverse and complex, it signals a new era of thoughtful insight, self-revelation, and contemplative integration.

Karnac Books, January 2015, 224 pp, Demy PB 9781782201090/£24.99



Self Psychology and Psychosis The Development of the Self during Intensive Psychotherapy of Schizophrenia and other Psychoses

By David Garfield, Associate Chair for Psychotherapy and Director of Psychiatry Residency Training in the Department of Psychiatry and Behavioural Sciences at Rosalind Franklin University of Medicine and Science, Chicago Medical School; and Ira Steinman, a member of the International Society for the Psychological Treatments of the Schizophrenias and other Psychoses, the American Psychiatric Association and the Northern California Psychiatric Association.

In this groundbreaking volume, the authors bring us into the immediacy of the analyst's consulting room in direct confrontation with the thought disorder, delusions, and hallucinations of their patients grappling with psychosis. From the early days of psychoanalysis when Freud explicated the famous Schreber case, analysts of all persuasions have brought a variety of theories to bear on the problem of schizophrenia and the other psychoses. Here, as William Butler Yeats notes, 'the centre cannot hold' and any sense of self-esteem – positive feelings about oneself, a continuous sense of self in time and a functional coherence and cohesion of self – is shattered or stands in imminent danger.

What makes psychoanalytic self psychology so compelling as a framework for understanding psychosis is how it links together the early recognition of narcissistic impairment in these disorders to the 'experience-near' focus which is the hallmark of self psychology. Now, with Garfield and Steinman's descriptions of healing in the mirroring, idealizing, and twinship experiences of treatment, the theory of self psychology, in a comprehensive fashion, is brought to bear on the psychoses for the very first time.

Karnac Books, March 2015, 208 pp, Demy PB 9781782202288/£23.99



RELATIONAL PATTERNS,
THERAPEUTIC PRESENCE

Concepts and Practice of Integrative Psychotherapy

RICHARD G. ERSKINE

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Relational Patterns, Therapeutic Presence

Concepts and Practice of Integrative Psychotherapy

By **Richard G. Erskine**, a clinical psychologist and licensed psychoanalyst who has specialized in psychoanalytic self-psychology and object-relations theory, he is also the Training Director of the Institute for Integrative Psychotherapy in New York City.

The introduction and the twenty chapters in this book reflect the ongoing development and refinement of Relational and Integrative Psychotherapy. Each chapter amalgamates ideas from several theoretical frame works: Client-Centred Therapy, Gestalt Therapy, Transactional Analysis, Contemporary Psychoanalysis, and Psychoanalytic Self-Psychology, as well as inter-subjective and co-creative perspectives.

The theory of 'Life Script' serves as a unifying theme to elaborate the concepts of unconscious experience, attachment, and relational patterns, the essentialness of contact-in-relationship, and the centrality of relational-needs in the practice of psychotherapy. This book begins with eight philosophical assumptions essential in the practice of a relational psychotherapy. Integrated throughout the chapters is a sensitivity to both normal developmental processes and the psychological compensations that occur when there has been prolonged neglect and psychological trauma. Several case presentations illustrate the use of phenomenological and historical inquiry, developmental and rhythmic attunement, and the importance of therapeutic presence.

'This book is a delight. Indeed, it is the best book I have ever read on psychotherapy with individual patients: ideal for teaching trainees, and at the same time a refresher and an inspiration for the seasoned. It should become recognized as a classic. Developed over many years of practice and theoretical deliberations, Richard Erskine's approach is indeed integrative, developmentally attuned, intersubjective, and co-constructed.'

– **James R. Allen**, MD, MPH, Professor of Psychiatry and Behavioral Sciences, Rainbolt Family Chair in Child Psychiatry, University of Oklahoma Health Sciences Center, USA; former President, International Transactional Analysis Association

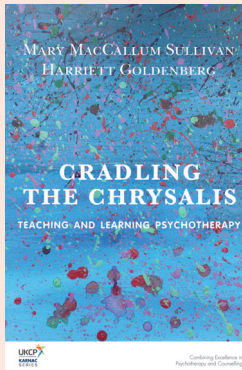
'Throughout this wonderful book, Richard Erskine fully demonstrates his skillful, innovative, and creative thinking. The focus of the book is relationally based integrative psychotherapy, exploring unconscious relational patterns (life scripts), relationships and attachment process, how healing occurs through the therapeutic relationship, and how the psychotherapist's job is to decode the unconscious story that has been revealed through the client's bodily reactions, relational crises, and intrapsychic conflicts. This stimulating and exciting work shows how each of these themes are applied within the clinical setting.'

– **Bob Cooke**, TSTA, psychotherapist, supervisor, international trainer, and founder of the Manchester Institute of Psychotherapy, UK

'Richard Erskine's contribution to the theory and practice of psychotherapy has been enormous, and this volume brings together more than forty years of innovative thought. The book is a deep and coherent narrative which describes the theory and practice of the integrative approach developed by Erskine and his colleagues. In addition, there is a wealth theoretical discussion about transactional analysis, gestalt therapy, attachment theory, and self psychology, as well as aspects of psychoanalytic theory and neuroscience. The book is a treasure chest for integrative and transactional analysis psychotherapists alike.'

– **Professor Charlotte Sills**, Metanoia Institute, UK, and Ashridge Business School, UK

Karnac Books, February 2015, 400 pp, Demy PB 9781782201908/£30.99



Cradling the Chrysalis Teaching and Learning Psychotherapy Revised Edition

The United Kingdom Council for Psychotherapy Series

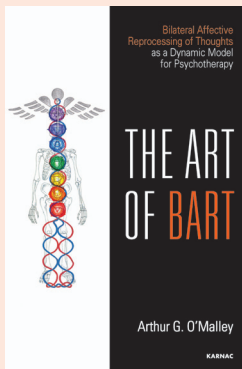
By **Mary MacCallum Sullivan**, who has worked for many years in postgraduate psychotherapy education and training as teacher, team leader, and manager, and is an experienced independent practitioner who works with a wide range of clients; and **Harriett Goldenberg**, who currently working as an existential-phenomenological psychotherapist having had over twenty-five years clinical experience working with adults (including both individuals and couples), having initially set up one of the first fertility counselling services in England, in the NHS, whilst training as a counselling psychologist.

This book addresses the ethical and philosophical basis for the teaching /learning involved in becoming a psychotherapist. How can training prepare prospective psychotherapists, counsellors, and counselling psychologists for a task whose practitioners cannot even agree as to whether it is an art or a science, an impersonal clinical interaction or a profoundly humane, even 'spiritual' encounter?

The relative importance and emphasis of the structure, content, and process of psychotherapy training is explored. Its thesis is that the teaching /learning takes place in the quality of the reciprocal meeting between the teacher and the learner. The teacher must be alert to potential, with the capacity to 'cradle', to hold gently, not squeezing, suffocating or seeking to make in one's own image, but respecting and remaining in awe of the process of transformation and emergence.

In a celebration of the triumvirate of ethics, collaboration, and dialogue, the authors go on to present their view of the wisdom the field of psychotherapy has to offer beyond the consulting room, in a consideration of our day-to-day relations with our family, friends, neighbours, and colleagues, and strangers we encounter along the way.

Karnac Books, February 2015, 176 pp, Demy PB 9781782201496/£18.99

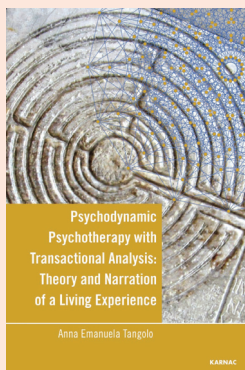


The Art of BART Bilateral Affective Reprocessing of Thoughts as a Dynamic Model for Psychotherapy

By **Arthur G. O'Malley**, a consultant psychiatrist in the NHS and private sector and most recently an EMDR consultant.

This book is a practitioner's introduction to an innovative psychotherapy model that draws on and integrates well-proven therapies (such as MDR, sensorimotor psychotherapy, and CBT) and on the Indian chakra tradition and other historical beliefs. It introduces the reader to BART as a psychotherapy that can benefit patients with disorders such as anorexia nervosa and dissociative identity disorder, and those who have suffered a traumatic event. It also looks at the information processing of the mind-body at the levels of the gut heart and the gut brain, and it makes connections between the endocrine and immune systems and the chakras of Indian tradition. The latest theories on the neurobiology of trauma are explained and the application of BART to patients with autism and other conditions is discussed. Included in the book is a step-by-step guide to the five stages of BART and a detailed template for assessment of trauma to the twelve cranial nerves.

Karnac Books, February 2015, 320 pp, Demy PB 9781782201359/£29.99



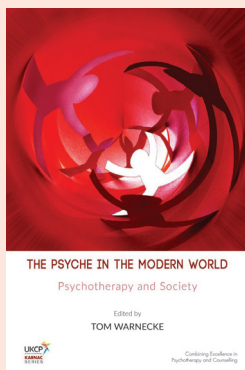
Psychodynamic Psychotherapy with Transactional Analysis Theory and Narration of a Living Experience

By **Anna Emanuela Tangolo**, *psychotherapist and Director of the PerFormat Psychotherapy Specializing School (Pisa and Catania, Italy).*

The main values and principles of Transactional Analysis, in its original psychodynamic matrix, become a concrete experience in this book thanks to the accurate description of the daily practice of a long-experienced therapist: Anna Emanuela Tangolo. Analysing several cases, the author

examines the clinical tools of Berne's group therapy and the analysis of dreams, without however neglecting other important aspects such as preparing the setting or leading an interview. Particular relevance is given to the therapeutic relationship, seen as the interweaving of an experience in order to send stimuli to the patient so as to re-structure his or her intrapsychic world through rigorous and precise inputs, analysable in linguistic sequences. This book is meant not only for those who study psychotherapy, but also for anyone who wants to learn about clinical TA and its functioning.

Karnac Books, February 2015, 192 pp, Demy PB 9781782201557/£23.99



The Psyche in the Modern World Psychotherapy and Society *The United Kingdom Council for Psychotherapy Series*

Edited by **Tom Warnecke**, *a somatic-relational psychotherapist, writer, and artist with a general psychotherapy practice in London who teaches internationally, facilitates small and large groups events, and developed a relational-somatic approach to borderline dynamics.*

This book sets out to open consulting room doors and bring the concept of the psyche, and its main advocate, the psychotherapy discipline, into public space and into the realm of interdisciplinary discourse. A culture

of carefully guarded clinical confidentialitys inadvertently turned the consulting room into a proverbial ivory tower, which has done much to obscure the psychotherapeutic body of knowledge and contributed to the myths and misinformation that surround and veil psychotherapy in the public space. This book redresses the balance and confronts some challenging, and sometimes uncomfortable, questions about the dichotomies that both characterise our relationships with the psyche and contextualise the provision of psychotherapy services today. The contributors present contemporary discussion on a broad range of current subjects, encompassing socio-political as well as philosophical, theoretical, and clinical dimensions, in an accessible manner.

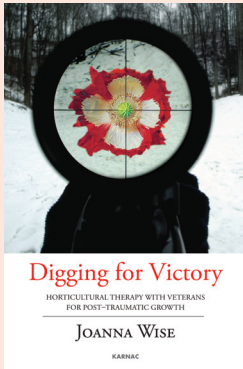
'This book is an important endeavour.'

– **Susie Orbach**, psychotherapist, psychoanalyst, writer, and social critic

'Tom Warnecke has assembled an intriguing series of essays exploring the historical, political, cultural, and conceptual minefield in which contemporary psychotherapeutic practice resides. It is a brave attempt to put the psyche back into psychological practice as an embodied, emotive, individual yet social centre of experience. It is a book about community as much as it deals with professional practice. This is a very important book, which deserves to be read outside of psychotherapy as well as in it. The world we live in is a human one – co-created by all of us. The contributions to this collection suggest a different, more hopeful one is possible.'

– **Dr Ron Roberts**, CPsychol, AFBPsS, Senior Lecturer, Department of Arts & Social Sciences, Kingston University, London

Karnac Books, February 2015, 208 pp, Demy PB 9781782200468/£23.99



Digging for Victory Horticultural Therapy with Veterans for Post-Traumatic Growth

By **Joanna Wise**, who worked as a research psychologist and psychotherapist, specialising in cognitive analytic therapy and sexual and relationship problems and trained in Horticulture and Garden Design at Capel Manor. She has a successful international garden design business based in North West London and is currently carrying out doctoral research on her area of specific interest: developing the use

of Horticultural Therapy to facilitate access to the healthcare services for socially excluded client groups.

Horticultural Therapy is ideally suited to engage veterans alienated from traditional civilian healthcare routes who present with a range of complex and challenging healthcare needs. It presents, on the surface, as a deceptively simple and accessible activity. Carried out by trained professionals, it is an evidence-based, effective and cost-effective treatment. By targeting specific client-centred goals, it is able to integrate improved individual physical, emotional, cognitive and social outcomes with broader opportunities to transition successfully into civilian society through learning a valuable skill set and a meaningful occupation.

This book provides a comprehensive introduction to the methods of Horticultural Therapy as applied to this unique client group. It describes the type of combat training and experiences veterans may have had, and sets out the common issues and pitfalls civilian therapists often face when working with the military. Looking to the future, it also identifies promising avenues in terms of how we may improve the treatment we offer to best serve the needs of these ex-service men and women who fight on our behalf.

'I fully endorse and support this book. The returning warrior, home from the battle and returning to the farm, "Going back to the plow and back to the earth", is a concept as old as agriculture itself. *Digging for Victory* is tapping into deep and powerful cultural and biological roots that we can use to help our veterans heal.'

– **Lt Colonel Dave Grossman**

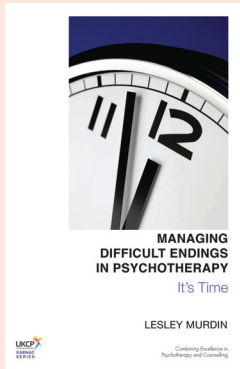
'In this excellent and timely book, Joanna Wise has brought together the evidence that activities in the garden can substantially benefit the mental and physical health of patients. She has concentrated on the plight of war veterans who often have little support, and may have severe physical problems and stress, as well as isolation from their comrades. Her description of how properly to use therapeutic gardening and of its effects are entirely applicable to non-military patients, and I believe should be more widely used, both in the community and in prisons, with financial savings to the NHS. I strongly endorse this book, which I hope will be read by all those caring for military and civilian patients.'

– **Sir Richard Thompson**, Immediate Past-President, Royal College of Physicians; Patron of Thrive (National Society for Horticultural Therapy)

'Most of those who serve our country come back hale and hearty in mind and body. But some do not. It was ever thus. I am particularly concerned about those who have developed mental health problems, because they can struggle more than most and they are also all too easy to overlook. Occupational interventions such as "Gardening Leave" have a long and distinguished tradition in helping people recover, as well as adding to the general attractiveness of our environment for all of us to share. I am delighted to add my support to *Digging for Victory: Horticultural Therapy with Veterans for Post-Traumatic Growth*.'

– **Professor Sir Simon Wessely**, Director, King's Centre for Military Health Research; President, Royal College of Psychiatrists

Karnac Books, February 2015, 336 pp, Demy PB 9781782200994/£25.99



Managing Difficult Endings in Psychotherapy

It's Time

*The United Kingdom Council for Psychotherapy
Series*

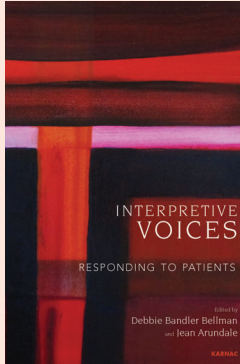
By **Lesley Murdin**, who practises as a psychoanalytic psychotherapist and teaches and supervises in many contexts having had considerable experience in running psychotherapy organisations.

This book is about the difficulty of endings, but it is also about learning from the endings that we know have gone wrong as well as those that have worked well. It sets out how the psychological therapist can help a person to live well while life is available, and to face the endings that confront all of us with honesty, and the acceptance of our human fragility. Therapists suffer through the fears and failures of the people they see as well as through their own endings. These difficulties can either help each one to be more understanding and helpful, or can lead to disaster. This book is about making sure that we use experience as well as theory constructively.

'Faced with my own retirement, and whilst encouraging others to talk about their pending departure from the psychotherapy profession, I decided to initiate a special interest group within my professional body. This has been greatly facilitated by Lesley Murdin's new book, which should be helpful to anyone in any profession.'

– **Deirdre Schueppert**, psychoanalytic psychotherapist

Karnac Books, November 2014, 160 pp, Demy PB 9781782200512/£18.99



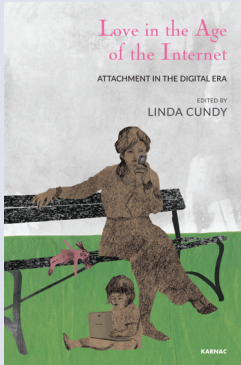
Interpretive Voices Responding to Patients

Edited by **Debbie Bandler Bellman**, psychoanalyst and child and adolescent psychotherapist, in private practice; and **Jean Arundale**, a training and supervising analyst for the British Psychoanalytic Association and the British Psychotherapy Foundation who works primarily in private practice but also works part-time as a consultant psychotherapist in the NHS.

The contributions in this book exemplify ways in which different analysts think about and treat the issue of interpretation, illustrating the distinctiveness with which an analyst expresses his own personality and understanding within the medium of psychoanalysis. Each analyst construes the aims, theories, and body of knowledge of psychoanalysis in his/her own particular way, and when responding to patients, expresses these in an analytic climate with its own particular diction, vocabulary, and distinctive voice.

This is a book about the practice of psychoanalysis and the interaction between two personalities – the patient and analyst – in the analytic space. The ten chapters herein illustrate the individual interpretive voices of their authors, their analytic methods, their understanding of their patients and how they communicate their understanding, whilst remaining authentic. Though this book does not in any way promote the idea that 'anything goes', the editors do feel that the analytic frame and process can and must embrace not only different theoretical views, but also differences in how analysts listen to and communicate with their patients. Individuality is implicit in the literature, capable of being demonstrated, and an important factor in the analytic process.

Karnac Books, February 2015, 256 pp, Demy PB 9781782200376/£25.99



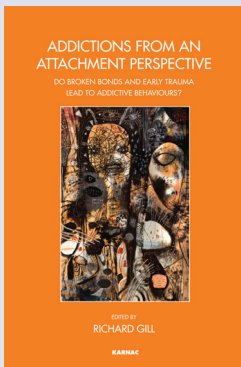
Love in the Age of the Internet Attachment in the Digital Era

Edited by Linda Cundy, an attachment-based psychoanalytic psychotherapist with a private practice in North London who has taught for two decades on counselling and psychotherapy courses and is also an independent trainer specialising in attachment, human development, and clinical practice.

This highly topical book explores the new technological environment we have created, and our adaptation to it, twenty-five years after the death of John Bowlby. In the space of just a couple of decades, the world has changed radically, and we are changing too: personal computers and smartphones mediate our lives, work, play, and love. Relationships of all kinds are now conducted through mobile phones, email, Skype, and social network sites. Attachment theory is concerned with the impact of the external world on internal reality, where twenty-first century experiences encounter the powerful, primitive, and ancient instinct for attachment and survival.

This book is written by psychotherapists whose practice, with individual adults and couples, is informed by attachment theory. It contains theoretical, observational, and clinical material, and will be relevant to all psychotherapists, psychoanalysts, counsellors, and psychologists interested in the profound impact of digital and communication technologies on human relationships: the bond between children and parents in which the child's sense of self develops, attachment between adult couples and within friendship groups and communities, and our relationships with ourselves. The particular kind of 'love' between the practitioner and patient, increasingly influenced by new ways of communicating, is also examined. The implicit question posed is this: does digital technology enhance secure attachment or fuel insecurity, alienation, and psychopathology?

Karnac Books, November 2014, 224 pp, Demy PB 9781782201465/£24.99



Addictions From an Attachment Perspective

Do Broken Bonds and Early Trauma Lead to Addictive Behaviours?

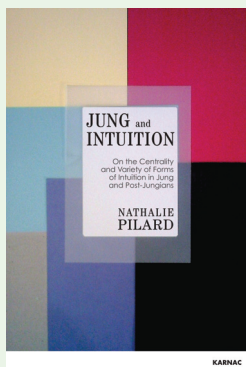
*The John Bowlby Memorial Conference
Monograph Series*

Edited by Richard Gill, who initially trained and worked in the USA with people with various addictions. On returning to the UK he headed the clinical team at the St. Joseph's Hospital addiction unit in Haslemere, Surrey, whilst also carrying out work at the Priory Hospital, Roehampton. He then set up and for five years ran the SHARP addiction treatment programme in London, which is now part of Action on Addiction.

This outstanding book is an important collection of papers from the 2013 John Bowlby Memorial Conference by accomplished clinicians from different modalities who share their experience of working with people with different kinds of addiction. The contributors include Cara Crossan, Richard Gill, Lynn Greenwood, Bob Johnson, Liz Karter, Edward Khantzian, Arlene Vetere, Kate White, Jason Wright.

Their papers bring together an in-depth understanding that addictions are a response to, and hold the pain of, broken attachments and are best treated within healthy interpersonal relationships. For a long time the person with an addiction has been seen as the problem with society being able to live in denial of the causes. These papers open up innovative and effective ways of working with people troubled by addiction from an attachment-informed perspective.

Karnac Books, November 2014, 160 pp, Demy PB 9781782201076/£17.99



Jung and Intuition

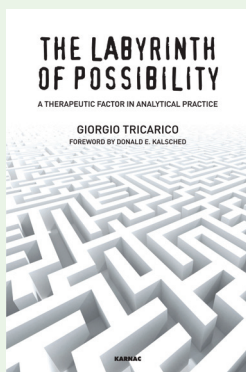
On the Centrality and Variety of Forms of Intuition in Jung and Post-Jungians

By **Nathalie Pilard**, who started her studies in history and religion and then joined the University of Aberdeen, Scotland, where she completed her PhD on C. G. Jung and intuition. Her most recent research explores the relationships between empathy, perversion, and psychosis.

This book examines for the first time the twelve categories of intuition described in both the works of C. G. Jung and the post-Jungians. Nowhere, other than in Jung's own work, has intuition been more fully treated. Each form of intuition is critically explained in the historical context of its appearance and located in one of the four spheres of Jung's psychology: the unconscious, the under-conscious (*Unterbewusste*), consciousness, and Jungian and post-Jungian practice. This work brings Jung's entire psychology in all its depth from 1896 to its contemporary use into greater clarity for both professionals and lay readers.

The author persuasively shows that intuition is at the heart of Jung's psychology. It is central to his concept of the archetypes as well as to his understanding of the under-conscious and the active imagination. It also involves both clinical and philosophical approaches, as powerfully demonstrated by his pioneering work at the Burghölzli Klinik in Zürich.

Karnac Books, February 2015, 336 pp, Demy PB 9781782201304/£27.99



The Labyrinth of Possibility

A Therapeutic Factor in Analytical Practice

By **Giorgio Tricarico**, a clinical psychologist, a Jungian analyst and member of the International Association for Analytical Psychology.

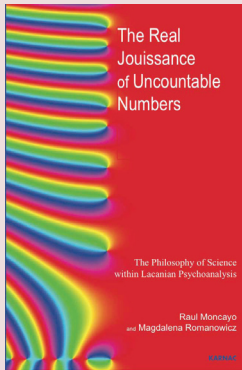
What exactly happens between the patient and the analyst when therapy is effective? Profoundly unsatisfied by the orthodox but vague explanation that 'the therapeutic factor is the relationship', the author Giorgio Tricarico explores a hypothesis that is able to comprehend many different methods of both therapy and analysis. Starting from his own clinical experience, Tricarico runs into the image of the classical labyrinth (*Daidalos*) and a deeper analysis of what this symbol implies, revealing it as a symbol of 'Possibility'. The worldwide presence in different cultures and ages of the labyrinth as such a symbol may indeed point to the existence of an element beyond it, whose activation in the relationship between patient and analyst could be a fundamental factor for psychic change. Different methods of cure, seen through the lenses of the hypothesis expressed, may share a common factor of transformation. With the help of clinical cases, the concept of 'impossibility' in analysis is also explored. Situations in which every change seems to be impossible compel us to widen our concept of possibility and to return to its original meaning, far away from the omnipotent one the Western world blindly keeps repeating.

'This is an optimistic book by an original new voice on the psychoanalytic scene. Giorgio Tricarico adds his voice to those of us who, like Jung, emphasise the prospective, teleological elements in the human psyche, our inherent longings for a full realisation of the potentials latent in the self, emergent around the constellating impact of important relationships in the interpersonal environment. By embracing the psyche's potential for self-realisation and the life-quickenning effect of relationship on the activation of our full possibilities as humans, Giorgio Tricarico places himself squarely in the tradition of some of my favourite writers and mentors, including Jung.'

– Donald E. Kalsched from the Foreword

Karnac Books, December 2014, 144 pp, Demy PB 9781782201762/£16.99





The Real Jouissance of Uncountable Numbers

The Philosophy of Science within Lacanian Psychoanalysis

By **Raul Moncayo**, training director for Mission Mental Health, San Francisco and a supervising analyst at the Lacanian School of Psychoanalysis of the San Francisco Bay Area, California, he also has a private practice in which he provides psychoanalysis, psychotherapy, consultation, and supervision; and **Magdalena Romanowicz**, an adult

and child and adolescent psychiatrist with clinical and research interests include applications of different mathematical models in psychoanalysis.

Lacan critiqued imaginary intuition for confusing direct perception with unconscious pre-conceptions about people and the world. The emphasis on description goes hand in hand with a rejection of theory and the science of the unconscious and a belief in the naive self-transparency of the world. At the same time, knowing in and of the Real requires a place beyond thinking, multi-valued forms of logic, mathematical equations, and different conceptions of causality, *acausality*, and chance. This book explores some of the mathematical problems raised by Lacan's use of numbers and the interconnection between mathematics and psychoanalytic ideas. Within any system, mathematical or otherwise, there are holes, or *acausal* cores and remainders of indecidability. It is this senseless point of non-knowledge that makes change, and the emergence of the new, possible within a system. This book differentiates between two types of void, and aligns them with the Lacanian concepts of a true and a false hole and the psychoanalytic theory of primary repression. Finally, through jouissance, the language of desire is re-joined to the formal marks of the object and the language of science. This explains the connection in Lacanian theory among logic, the Real, mathematics, and jouissance.

'Raul Moncayo and Magdalena Romanowicz's book makes an important contribution to the field of Lacanian studies. They not only provide clear and insightful expositions of Lacan's use of mathematics and logic, but also open up crucial questions about the interrelations between psychoanalysis and mathematics. In contrast to other studies written by non-clinicians, this book stays attuned to psychoanalytic practice, showing how mathematical structures and problems are central to clinical ones. It is a rich and thought-provoking study that will interest not only Lacanian analysts and scholars but also anyone working in the area of psychoanalysis and epistemology.'

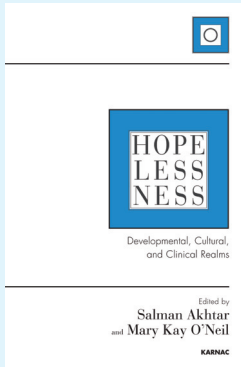
– **Darian Leader**, author and psychoanalyst; member of the Centre for Freudian Analysis and Research and of the College of Psychoanalysts – UK

'In this highly original book, the authors demonstrate that Lacan's intermittent recourse to mathematical formalisation was not a quirky flight of fancy designed to enhance the scientific legitimacy of psychoanalysis, but something integral to his detailed investigation of the objects of psychic reality. Moving effortlessly between concrete clinical observations and more abstract epistemological considerations, this book is nothing less than mind-blowing, and it constitutes both an innovative contribution to the theory of Lacanian psychoanalysis and a fascinating outlook on what psychoanalysis may add to contemporary debates in the philosophy of science.'

– **Dany Nobus**, Professor of Psychology and Psychoanalysis, and Pro-Vice-Chancellor at Brunel University, London; Chair of the Freud Museum, London

Karnac Books, March 2015, 240 pp, Demy PB 9781782201717/£24.99





Hopelessness Developmental, Cultural, and Clinical Realms

Edited by Salman Akhtar, Professor of Psychiatry at Jefferson Medical College and a training and supervising analyst at the Psychoanalytic Center of Philadelphia; and Mary Kay O'Neil, a Supervising and Training Analyst of the Canadian Institute of Psychoanalysis and working in private practice in Montreal.

Hope is the most reliable sustainer of life. It offers the promise of something good in the future, contributes to resilience, and keeps one going. However, there are circumstances when hope dries up. This book seeks to map out such dark terrain of hopelessness. While it allows for the fact that a modicum of hopelessness might help in reducing infantile omnipotence and curtailing fixation on unrealistic goals, its focus is upon severe and clinically significant shades of hopelessness. The book opens with a broad overview of the nature, developmental origins, and technical implications of hope and hopelessness, and closes with a thoughtful summary, synthesis, and critique of the intervening essays; this summary forges both theoretically and technically significant links between the experiences of helplessness and hopelessness. Sandwiched between these opening and closing commentaries are nine essays that address the ontogenetic trajectory, phenomenological variations, cultural and literary portrayals, and clinical ramifications of sustained hopelessness. Together, these essays provide an opportunity for the readers to enrich their knowledge base, deepen their empathy with patients struggling with despair, and sharpen their therapeutic skills in this painful realm of clinical practice.

Karnac Books, January 2015, 256 pp, Demy PB 9781782202585/£24.99

RESPECT, PLURALITY, AND PREJUDICE
A PSYCHOANALYTICAL AND PHILOSOPHICAL ENQUIRY INTO
THE DYNAMICS OF SOCIAL EXCLUSION AND DISCRIMINATION



Respect, Plurality, and Prejudice A Psychoanalytical and Philosophical Enquiry into the Dynamics of Social Exclusion and Discrimination

By Lene Auestad, a Research Fellow in Philosophy at the University of Oslo, and affiliated with the Centre for Studies of the Holocaust and Religious Minorities, Oslo, who moved to the UK to pursue long-standing interests in British psychoanalysis.

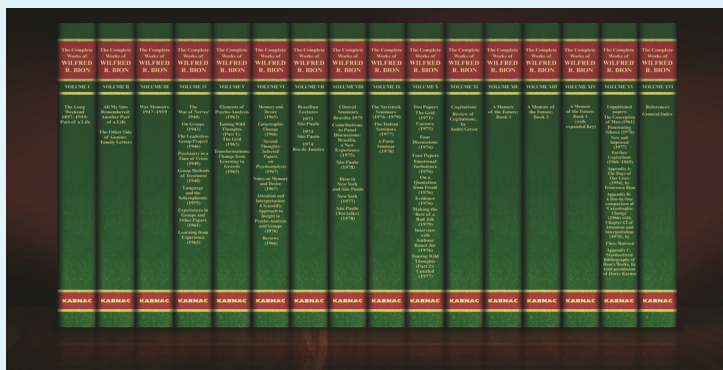
This book helps us understand the current resurgence of social prejudice against ethnic minority groups, the logics of scapegoating and the resulting violence.

Our time is characterised by a growth in expressed hostility and violence towards people who are perceived as 'others'. Hatred towards and discrimination against minorities is on the rise. This book presents a new understanding of prejudice, racism, antisemitism, xenophobia, islamophobia, sexism, and homophobia. It combines philosophy with psychoanalytic thinking, sociology, and psycho-social studies, analysing the unconscious elements of social processes.

The author makes a case for framing a questioning of prejudice, not in terms of normality versus pathology or deviance, but in what is socially unconscious. Hypocrisy and double standards are inherent in our social practices, reflecting the contradictions present in our thinking about these issues: that we both believe and do not believe in equality. Thus this study takes account of conflicts between theory and practice, layers of implicit and explicitness, pre- and unconscious experience, and the power differentials that shape these constellations.

There is no neutral point of view from which prejudice can be addressed. The chapters in this study approach the problem of how to understand prejudice from different angles, aiming at ways of enabling listening to voices that are rarely heard. It questions how to reshape society so as to make room for people who appear to embody so-called contemptible qualities – for extension of respect across differences and inequalities.

Karnac Books, February 2015, 384 pp, Demy PB 9781782201397/£29.99



The Complete Works of W. R. Bion

By **Wilfred R. Bion**, British psychoanalyst whose training included an analysis with Melanie Klein and who was one of the first to analyse patients in psychotic states using an unmodified analytic technique; he extended existing theories of projective processes and developed new conceptual tools. He was a pioneer in group dynamics, and was associated with the 'Tavistock group', the group of pioneering psychologists that founded the Tavistock Institute in 1946 on the basis of their shared wartime experiences. He wrote the influential *Experiences in Groups* in 1961, an important guide for the group psychotherapy and encounter group movements beginning in the 1960s, and which quickly became a touchstone work for applications of group theory in a wide variety of fields.

Edited by **Chris Mawson**, a training and supervising analyst of the British Psychoanalytical Society who works in private practice as a psychoanalyst and **Francesca Bion**, widow of Wilfred R. Bion, and original editor of many of his published works

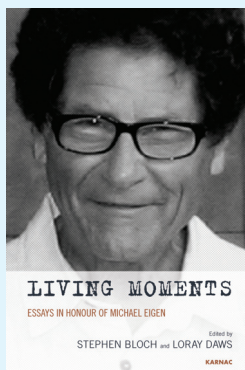
The Complete Works of W. R. Bion is now available in a coherent and updated format. Comprising sixteen volumes bound in green cloth, this edition has been brought together and edited by Chris Mawson with the assistance of Francesca Bion. Incorporating many corrections to previously published works, it also features previously unpublished papers. Including a general index and editorial introductions to all the works, these volumes will be a useful and valuable aid to psychoanalytic scholars and clinicians, and all those interested in studying and making use of Bion's thinking.

Bion's writings, including the previously unpublished papers and additions to his *Cogitations*, collected together in the *Complete Works*, show that the clinical thrust of Bion's work has clear lines of continuity with that of Melanie Klein, just as her work has an essential continuity with the later work of Freud. In Bion's clinical work and supervision the goal remains insightful understanding of psychic reality through a disciplined experiencing of the transference and countertransference; the setting and the method – however much Bion's terminology might suggest otherwise – remains rigorously psychoanalytic.

His complete works include *Learning From Experience* (1962), *Elements of Psychoanalysis* (1963), *Transformations* (1965), *Attention and Interpretation* (1970), *Two Papers: The Grid and Caesura* (1977), and two posthumously published volumes of autobiography: *The Long Weekend* (1982) and *All My Sins Remembered* (1985).

Karnac Books, October 2014, 4352 pp, Demy HB 9781855756038/£750.00





Living Moments On the Work on Michael Eigen

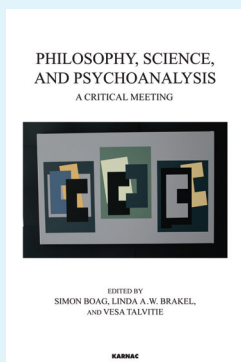
Edited by **Stephen Bloch**, clinical psychologist and Jungian analyst in Cape Town, South Africa and a founding member of the Southern African Association of Jungian Analysts; and **Loray Daws**, a clinical psychologist and psychoanalytic psychotherapist currently in private practice in British Columbia, Canada

Foreword by **James S. Grotstein**, Professor of Psychiatry, U.C.L.A. School of Medicine, and a training and supervising analyst at the Los Angeles Psychoanalytic Institute and at The Psychoanalytic Centre of California.

Michael Eigen is widely regarded as a significant and increasingly influential figure in contemporary psychoanalysis. His writings represent a singular interpretation of Bion and Winnicott, as well as being characterised by a striking and poetic style. This collection of papers, by contributors in the USA, Israel, Australia, and South Africa, reveal how his works yield creative and generative possibilities with profound clinical and cultural implications. Writers include well-known authors such as Mark Epstein, Anthony Molino, and Brent Potter.

The papers are divided into three sections: Reflections (psychoanalytic and philosophical concerns, such as Heidegger, the Hindu Goddess Kali, Buddhism, the sense of Time); Refractions (clinical implications, papers on murder and aliveness, the nature of the analytic interaction, addiction, and work with the mother–infant relationship), and Responses (personal impacts of his works, as well as poetry and the thoughts of a creative writer on Eigen's *oeuvre*). There are also papers on the experience of supervision with Michael Eigen as well as on his weekly seminars on Bion, Winnicott, and Lacan, ongoing for more than forty years, in New York. The book is a long-overdue celebration of and homage to a creative and unique figure in contemporary psychoanalysis.

Karnac Books, April 2015, 384 pp, Demy PB 9781780491844/£30.99

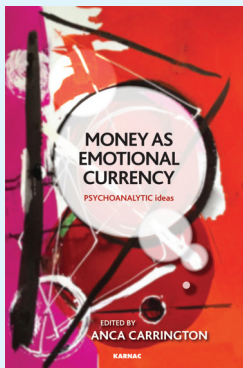


Philosophy, Science, and Psychoanalysis A Critical Meeting

Edited by **Simon Boag**, Senior Lecturer in Psychology at Macquarie University where he teaches personality theory, research methods, and the history and philosophy of psychology; **Linda A. W. Brakel**, Associate Professor (Adjunct) of Psychiatry and Research Associate in Philosophy at the University of Michigan; and **Vesa Talvitie**, Doctor of Psychology, licensed psychotherapist, organisational consultant (FINOD) who currently works as an occupational psychologist for the City of Helsinki.

The perennial interest in psychoanalysis shows no signs of abating and the longevity of psychoanalytic theory is seen in the varied extensions and elaborations of Freudian thinking in the fields of neuroscience and cognitive theory. Nevertheless, the scientific standing of psychoanalysis has long been questioned and developments in the fields of the philosophy of science and psychology require a fresh assessment of the scientific standing of psychoanalysis. This volume represents the junction where philosophy, science, and psychoanalysis meet and presents arguments critical and supportive of the scientific standing of psychoanalysis, including debates between Adolf Grünbaum, Edward Erwin, Linda A. W. Brakel, and Vesa Talvitie, as well as fresh approaches from Anna Ursula Dreher, Agnes Petocz, Thomas Wallgren, and Simon Boag. While mainstream psychology is largely dismissive of psychoanalysis, the themes covered within this volume have important implications for science as a whole, including the nature of scientific explanation, philosophy of science, as well as the psychology of science.

Karnac Books, January 2015, 352 pp, Demy PB 9781780491899/£29.99



Money as Emotional Currency

The Psychoanalytic Ideas Series

Edited by **Anca Carrington**, a psychotherapist who trained at the Tavistock Centre after a career as an economist and now works in the NHS and in private practice.

The importance of money and our relationship to it is impossible to ignore in a decade defined by global economic crisis and financial instability. Integrating a psychoanalytic perspective with insights offered by economics, this book contributes to a debate that aims for a better understanding of money in its dual functioning – as omnipresent component of our external reality, as well as powerful agent of our emotional responses.

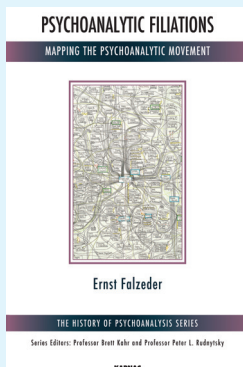
The main argument proposed is that the intense and complex emotional charge that money can engender stems from the role that money has not so much in the external world, but in an internal economy ruled by phantasy, where every external transaction has an internal counterpart, whose impact is mysterious, deep, and far-reaching.

The book explores the impact of the emotional undercurrent stirred by money from its beginnings in childhood to its consolidation into adult life, for individuals and society alike, and with an emphasis on ordinary development, rather than on pathology. Bringing together Freud's seminal work with more recent applications of psychoanalytic thinking to financial markets, with Borges' prose and Lacanian insights, this book crosses discipline and school boundaries with the aim of making new insights possible.

'Anca Carrington has pulled together a splendid team of contributors. Read this book if you want to understand the emotions money arouses – and how they impact on the way we spend it, hoard it, and make mistakes with it, on an individual and a global scale.'

– **John Maloney**, Associate Professor of Economics, University of Exeter

Karnac Books, December 2014, 176 pp, Demy PB 9781782202004/£18.99



Psychoanalytic Filiation

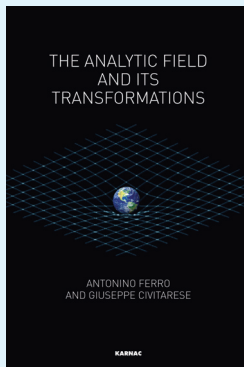
Mapping the Psychoanalytic Movement

The History of Psychoanalysis Series

By **Ernst Falzeder**, Senior Research Fellow at the University College London.

This book presents a collection of fifteen essays on the early history of psychoanalysis, focusing on the network of psychoanalytic 'filiations' (who analysed whom) and the context of discovery of crucial concepts, such as Freud's technical recommendations, the therapeutic use of countertransference, the introduction of the anal phase, the birth of the object-relations-model as opposed to the drive-model in psychoanalysis, and the psychotherapeutic treatment of psychoses. Several chapters deal with key figures in that history, such as Sándor Ferenczi, Karl Abraham, Eugen Bleuler, Otto Rank, and C. G. Jung, their respective relationship to Freud, and the consequences that their collaboration, as well as conflicts, with him had for the further development of psychoanalysis up to the present day. Other chapters give an overview on the publications of Freud's texts and on unpublished documents (the 'unknown Freud'), the editorial policy of the publications of Freud's letters, and the question of Freud's negative attitude towards America. Most of these essays are single-authored, but three of them are co-authored with highly renowned scholars in the field: John Burnham, André Haynal, and Ludger M. Hermanns. Although all of these papers originally appeared elsewhere, albeit in different books and journals, and in different languages, they are published here for the first time in one compact and easily accessible volume, and in one language. Also included is a high-resolution colour print of Falzeder's famous graph of the psychoanalytic 'spaghetti junction', detailing the filiation network of some 480 early psychoanalysts.

Karnac Books, March 2015, 416 pp, Demy PB 9781782200147/£30.99



The Analytic Field and its Transformations

By **Antonino Ferro**, a *Training and Supervising Analyst in the Italian Psychoanalytic Society, the American Psychoanalytic Association and the International Psychoanalytical Association*; and **Giuseppe Civitarese**, a *psychiatrist and training and supervising analyst of the Italian Psychoanalytic Society and a member of the of the American Psychoanalytic Association*.

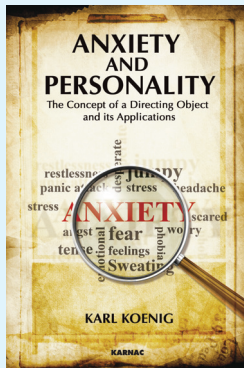
This book presents a collection of articles written jointly by Antonino Ferro and Giuseppe Civitarese over the last few years. All revolve around the post-Bionian model of the analytic field (BFT). Indeed, analytic field theory is emerging as a new paradigm in psychoanalysis. Going hand-

in-hand with this is an ever-growing interest in Bion in general. Bion mounts a systematic deconstruction of the principles of classical psychoanalysis. His aim, however, is not to destroy it, but rather to bring out its untapped potential and to develop ideas that have remained on its margins.

In its Italian version, the analytic field theory embraces Bion's both rigorous and radical spirit. BFT is a field of inquiry that refuses *a priori*, at least from its own specific perspective, to immobilise the facts of the analysis within a rigid historical or intrapsychic framework. Its intention is rather to bring out the historicity of the present, the way in which the relationship is formed instant-by-instant from a subtle interplay of identity and differentiation, proximity and distance.

The truth of the analysis is no longer something one arrives at, it cannot be fixed or possessed; it lies rather in the experience, it is the experience. The answer lies in the question – or, rather, asking the question is the feature of this model that most closely corresponds to the idea that what feeds and grows the mind is the weaving of a sustainable meaning, or dreaming reality, just as in the nurturing relationship between mother and child.

Karnac Books, January 2015, 224 pp, Demy PB 9781782201823/£23.99



Anxiety and Personality The Concept of a Directing Object and its Applications

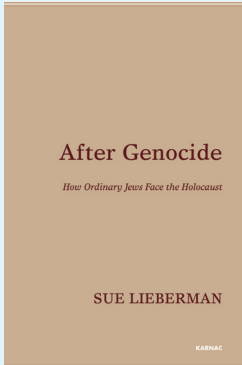
By **Karl Koenig**, *past president of the Göttingen psychoanalytic institute, vice president of the German Psychoanalytic Society, and a member of the International Psychoanalytical Association*.

The concept of a 'directing object' is based on extensive clinical observations linked to a combination of ego psychology and object relations theory in the tradition of Otto Kernberg and Anne-Marie and Joseph Sandler. People with a phobic disposition are those who were not, during childhood, permitted to learn by trial and error and thus gain confidence

in their actions. They did not learn to direct their own actions and did not develop confidence in their capability to act successfully. In their inner world, they did not establish an internal directing object. Thus, they now need an external directing object, who watches over them. This has considerable influence on interpersonal relationships and on work. Phobic persons can work without difficulty when there is an external directing object, but they will not be able to work without such a companion. In therapy, they use their therapist as a directing object, which can create the illusion that the phobic patient is already much better. However the patient will fall back into phobic symptomatology when the therapist is no longer available as a directing object.

Applying the concept of a directing object helps to understand a phobic person's psychodynamics. This will improve the results of therapy, and also help phobic persons to compensate difficulties arising from the lack of a companion, and deal with difficulties in finding and keeping one. Therapy can help them to develop their own internal directing object.

Karnac Books, February 2015, 128 pp, Demy PB 9781782200406/£14.99



After Genocide How Ordinary Jews Face the Holocaust

By **Sue Lieberman**, who studied history at Bristol University and social administration at York and is now qualified as a Group Analytic psychotherapist.

2015 will be the seventieth anniversary of the end of World War Two, and, for Jews, the seventieth anniversary of the end of the worst Jewish catastrophe in diaspora history. *After Genocide* considers how, more than two generations since the war, the events of the Holocaust continue to haunt Jewish people and the worldwide Jewish population, even where there was no immediate family connection.

Drawing from interviews with 'ordinary' Jews from across the age spectrum, the book focuses on the complex psychological legacy of the

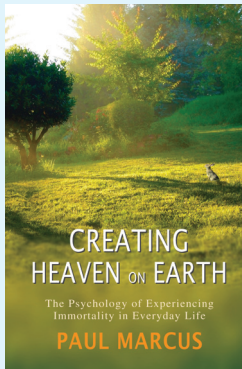
Holocaust. Is it, as many think, a 'collective trauma'? How is a community detached in space and time traumatised by an event that neither they nor their immediate ancestors experienced?

A neglected dimension of the post-Holocaust legacy is opened up by a book written for both lay and professional audiences, Jewish and wider, that allows readers to see powerful feelings reflected and explored in ways that are moving and thought-provoking. In addressing the question of collective trauma, it will speak to other peoples with comparable histories. It is a book that many will want to read.

'This is a wonderful exploration of why we as "ordinary Jews", to use a term from the book, are still so interested in exploring our feelings towards the Holocaust. "My family may not have gone through the Holocaust, but I am related to it." Why is our relationship to the Holocaust still so strong after so many years? We are taken through the trauma of loss, guilt, shame, fear, and confusion in a moving way, made profoundly real by the experiences of individuals who ask the questions we all ask ourselves. It is a highly professional, literary, and enlightening journey on how we cope with the past.'

– Judy Sischy, an 'ordinary Jew'

Karnac Books, December 2014, 272 pp, Demy PB 9781782201922/£25.99



Creating Heaven on Earth The Psychology of Experiencing Immortality in Everyday Life

By **Paul Marcus**, a supervising and training analyst at the National Psychological Association for Psychoanalysis.

The art of living the 'good life' requires skilful attunement to the lovely presences in everyday life.

Lodged in a psychoanalytic sensibility, and drawing from ancient and modern religious and spiritual wisdom, this book provides the details, conceptual structures, and inner meanings of a number of easily accessible, everyday activities, including gardening, sport, drinking coffee,

storytelling, and listening to music. It also suggests how to best engage these activities, to consecrate the ordinary in a way that points to experiential transcendence, or what the author calls 'glimpsing immortality', a core component of the art of living the 'good life'.

'Creating heaven on earth. Tall order. But we have many heavenly moments throughout a lifetime: tastes of heaven. Paul Marcus shows us ways to promote this state, not just as rare moments but as a feeling that informs existence. Not only does he describe psychological conditions for growth of this precious responsiveness, but he also gives down-to-earth depictions of heaven at work in daily activities, gems of accessible moments many of us take for granted that, with a shift of attitude, can open wider a love that permeates life.'

– Michael Eigen, PhD author of *The Birth of Experience*

Karnac Books, February 2015, 256 pp, Demy PB 9781782201786/£12.99

ON MINDING AND BEING MINDED

Experiencing Bion and Beckett



IAN MILLER

KARNAC

On Minding and Being Minded

Experiencing Bion and Beckett

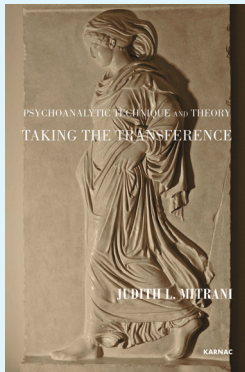
By **Ian Miller**, a psychologist and psychoanalyst practising in Dublin where he teaches in the faculty of psychoanalytic studies at Trinity College.

On Minding and Being Minded explores links between depictions of lived experience written by Samuel Beckett and the experience of psychoanalytic psychotherapy pioneered in the writings of W. R. Bion. These robust literary and clinical intersections are made explicit within the demanding culture of twenty-first-century psychotherapy as patient demand for time-limited, result-driven therapeutic outcomes conflicts sharply with the contours of intensive, long-term psychotherapy.

Bion and Beckett present elements of familiarity to the practising psychoanalyst which emerge tantalisingly, out of explicit reach, yet become knowable through interpersonal engagement. These stutterings and intimations are thick with meaning, suggestively presented in passing. They hint at how it is for the patient, provoking excitations of thinking; and, like the mental constructions of us all, their articulation conceals deep artistry.

On Minding and Being Minded provides a therapeutic link bridging the single session with multiple session psychotherapy focused upon the dynamic engagement of patient and therapist. This is the social workshop within which Bion's "learning from experience" occurs. Not only does the analyst supply the requirements for its construction in provision of space, time, and boundary, but also bears in mind the psychoanalytic object itself, its feel, tang, and experiential shape, initially unknowable to the patient.

Karnac Books, February 2015, 128 pp, Demy PB 9781782200741/£15.99



PSYCHOANALYTIC TECHNIQUE AND THEORY
TAKING THE TRANSFERENCE

JUDITH L. MITRANI

KARNAC

Psychoanalytic Technique and Theory

Taking the Transference

By **Judith L. Mitrani**, a clinical psychologist and a psychoanalyst in Los Angeles who in her private practice specializes in both the treatment and supervision of psychoanalysis and psychoanalytic psychotherapy with adults and children.

This volume consists of a series of essays inspired by Freud's paper on Jensen's novel *Gradiva* – 'she who steps along.' In the story a young archaeologist, Norbert Hanold, suffers from delusions but is able to unravel the mysteries of his emotional life and mind with the aid of a woman who does not challenge these delusions, but rather 'steps along' with Hanold, gradually helping him

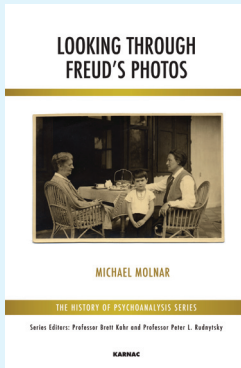
to disentangle truth from fantasy, through what Freud called 'cure by love'. *Gradiva*, originally felt to be the source of Hanold's malady, eventually becomes the agent of its resolution and of his return to health.

This extraordinary tale formed the basis for Judith Mitrani's concept of 'taking the transference.' Through clinical vignettes, various aspects of psychoanalytic technique – useful from the first encounter between patient and analyst and throughout the process of the development of mind to termination – are illustrated in detail. These chapters are rooted in, explicate, and expand upon the theoretical tenets of Freud, Klein, Bion, and Tustin, and focus on the act of observing and 'taking the transference,' particularly at the infantile level. Salient topics include the importance of listening in the beginning of analysis with those who know little about analysis as well as with those who 'know all' about it; technical implications derived from works by Klein, Bion, and Tustin; analytic encounters with adults and adolescents; a psychoanalytic take on a contemporary film; and some ways in which psychoanalysis may lend further meaning to neuroscientific studies on autism.

'Dr. Mitrani's book provides that rare opportunity to listen in on psychoanalytic thinking and practice at its most exquisitely sensitive to the inner life of both patient and analyst as they attempt to talk with one another about the most fundamental truths of the patient's experience. The book builds upon the work of Freud, Klein, Bion, and Tustin, but goes well beyond that body of work to offer a conception of analytic theory and technique that is uniquely Mitrani's. It is a pleasure to learn from this very fine teacher.'

– **Thomas H. Ogden**, psychoanalyst and author

Karnac Books, September 2014, 240 pp, Demy PB 9781782201625/£24.99



Looking Through Freud's Photos The History of Psychoanalysis Series

By **Michael Molnar**, who was a researcher and Director at the Freud Museum in London and has translated and annotated Freud's 1930s diary notes and also published numerous contributions to the history of psychoanalysis.

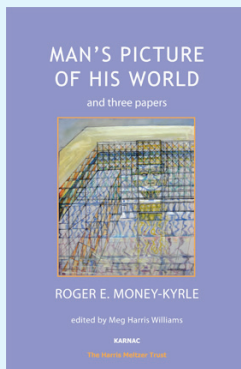
A moody Freud posed against a background of holiday pictures pinned to a wall; or lurking at the very edge of a large family group; or lost in a crowd of nineteenth-century scientists. These snapshots or posed portraits not only tell stories, they also carry a specific emotional charge. The earlier essays in this book follow traces of Freud's early years through the evidence of such album photographs; the later essays use them to

reconstruct the stories of various family members.

An unknown photo of his half-brother Emanuel initiates an investigation into the Manchester Freuds. An identity photo of his daughter Anna, and the document to which it is attached, throw light on the critical final days of her trip to England in 1914. A faded idyllic print of children playing evolves into a discussion of Ernst Freud's luck and childhood. The suicide of Anna's artist cousin, Tom Seidmann Freud, emerges from a snap of her infant daughter Angela. The story of Oliver Freud's life and his relationship to his father are extrapolated from a passport photo that bears witness to his narrow escape from Vichy France in 1942. A haunting image of his infant daughter Eva brings her tragically short life into focus.

Drawing on many years of work in the photo archives at the London Freud Museum, this fascinating and unfamiliar slant on neglected episodes and little-known members of the Freud family restores the density of lived experience to the historical picture.

Karnac Books, November 2014, 240 pp, Demy PB 9781782200048/£24.99



Man's Picture of His World and Three Papers

The Harris Meltzer Trust Series

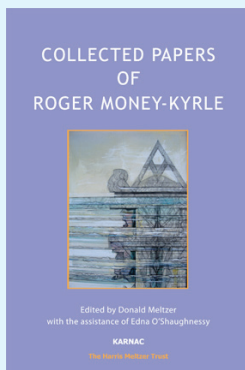
By **Roger Money-Kyrle**, psychoanalyst; and **Meg Harris Williams**, a writer and artist who studied English at Cambridge and Oxford and art at the Accademia di Belle Arti in Florence. She has had a lifelong psychoanalytic education and teaches at the Tavistock Centre in London.

This new edition of Roger Money-Kyrle's classic work is published together with three of his late papers, 'Cognitive development', 'The aim of psychoanalysis', and 'On being a psychoanalyst'. Its intention is to introduce new readers to this key Kleinian thinker, whose influence has been quiet and uncontroversial but deep and formative. The book also includes Donald Meltzer's discussion of the paper on cognitive development.

'From the wide range of ideas created by this highly original and very English psychoanalyst those connected with cognitive development stand out. Money-Kyrle describes why "the facts of life" are so difficult for us to accept. These facts are all to do with differences. First the difference between generations, second the difference between the sexes, and third, the reality of the passage of time, are hated because they provoke envy and threaten omnipotence. A mythology is invented to deny them and to avoid having to face our mortality, and our dependence on others.'

– **John Steiner**, psychoanalyst and author, *Psychic Retreats* and *Seeing and Being Seen*

Harris Meltzer Trust, February 2015, 288 pp, Demy PB 9781782202257/£19.99



The Collected Papers of Roger Money-Kyrle

The Harris Meltzer Trust Series

By **Roger Money-Kyrle**, *psychoanalyst*.

Edited by **Donald Meltzer**, widely known as a psychoanalyst; and teacher and the author of many works on psychoanalytic theory and practice; and **Edna O'Shaughnessy**, child analyst and a training and supervising analyst of the British Psychoanalytical Society.

This volume includes thirty-five papers from a variety of technical and intellectual journals tracing fifty years of distinguished service to psychoanalysis, sociology, politics, and anthropology.

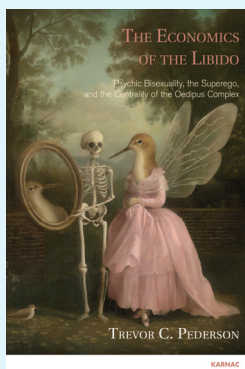
'Roger Money-Kyrle belonged to the English tradition of the first quarter of the twentieth century, a time of wide horizons, and his project was correspondingly ample – an attempt to understand man and the world man makes for himself. He used the knowledge of psychoanalysis to illumine areas in biology, anthropology, politics, ethics, and history, in addition to making contributions to clinical and theoretical psychoanalysis itself.'

– **Edna O'Shaughnessy** from the Prefatory Note

'The rectification of man's model of his world involves a transformation of values, for while the truth may liberate people from persecutory anxieties, it imposes upon them love for the worlds both inner and outer, and consequent guilt for the damage caused by their greed and destructive envy. This seems to me to be the essence of Money-Kyrle's wisdom and, like Socrates who knew how little he knew, no man is wiser than he. Where I learned psychoanalytic theory and technique from others, I learned the meaning of psychoanalysis as a thing-in-the-world from him.'

– **Donald Meltzer** from the Editor's introduction

Harris Meltzer Trust, February 2015, 512 pp, Demy PB 9781782202929/£29.99



The Economics of Libido

Psychic Bisexuality, the Superego, and the Centrality of the Oedipus Complex

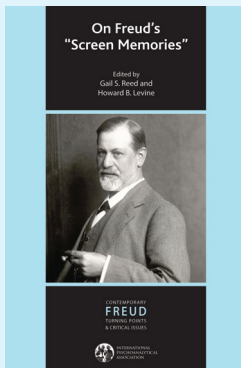
By **Trevor C. Pederson**, a mental health counsellor and psychoanalyst in private practice.

This book is an attempt to get beyond pluralism by embedding psychoanalysis in philosophy and returning to Freud *qua* psychologist to link the depths of the mind to the surface. The author argues that egoism and altruism are a more accurate representation of activity and passivity and that Freud's work points to masculine and feminine drives on each pole, which, because of psychic bisexuality, can exist in either sex.

The author argues that Freud places the Oedipus complex as the height of striving for personal happiness in passionate love or success. The subsequent father complex is snatched from obscurity and given its proper weight as the recreation of the parental incest taboo amongst siblings. Passionate love and success are mastered as the ideal to marry and seek fairness in one's dealings with others. The author argues that Freud's work suggests that the earlier form of the superego are *depersonalised* to create different *ontologies*, or forms of being in the world, that reference the necessary subjective sense of Space, Time, the Superlative, and up to oedipal Prestige. Lastly, to justify this return to the drive, superego, and psychic bisexuality the author provides an explication of Wittgenstein's private language argument.

Karnac Books, February 2015, 208 pp, Demy PB 9781782201779/£23.99





On Freud's "Screen Memories"

The International Psychoanalytical Association Contemporary Freud: Turning Points and Critical Issues Series

Edited by Gail S. Reed, who practises psychoanalysis in New York City; and Howard B. Levine, who is in private practice in Brookline, Massachusetts.

The concept of 'screen memories' was introduced by Freud for the first time in his 1899 paper, reprinted here in its entirety. Although the clinical interest in 'screen memories' has perhaps diminished in recent analytic discussion, there is much to be gained from revisiting and re-examining both the phenomenon and Freud's original paper within a contemporary context. To this

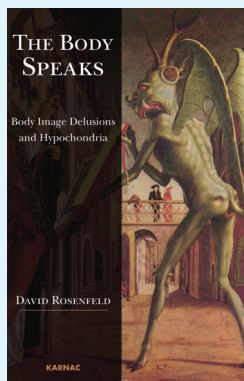
end, Gail S. Reed and Howard B. Levine have invited contributions from eight leading psychoanalysts on the current meaning and value to them of the screen memory concept.

These comments come from contemporary psychoanalysts practising in Italy, Francophone Switzerland, Argentina, Israel, and the United States of America, each of whom has been trained in one or another of a variety of psychoanalytic traditions, among which are ego psychology, a French version of Freud, an American version of Lacan, and at least two variants of Kleinian thought – one British and one Latin American. Their comments range from advocating that screen memories are an important, even central, feature of contemporary analytic work (LaFarge, Cohen), to finding the concept less universally applicable, but nonetheless compelling (Ahumada).

The editors hope that the encounter with these creative and thought-provoking commentaries will give new meaning to our appreciation of this important clinical phenomenon and stimulate further research and clinical observation into its origins and uses.

Contributors: Jorge L. Ahumada, Franco De Masi, Rivka R. Eifermann, Lucy LaFarge, Nellie Thompson, Shlomith Cohen, Florence Guignard, Howard B. Levine, Gail S. Reed, and John P. Muller.

Karnac Books, October 2014, 224 pp, Demy PB 9781782200550/£24.99



The Body Speaks

Body Image Delusions and Hypochondria

By David Rosenfeld, who is consultant professor at Buenos Aires University and a training analyst of the Buenos Aires Psychoanalytic Society.

This book explores David Rosenfeld's pioneering work with severely disturbed patients and is the result of many years of experience studying and supervising in Paris, London, and America. It shows what it means to work and think as a psychoanalyst about transference and the internal world of a psychotic patient, with all the difficulties involved in continuing to treat and engage with even severely ill patients. As Rosenfeld suggests, to be a psychoanalyst is to think about transference, the patient's internal world and projective identifications onto the therapist and onto persons in the external world.

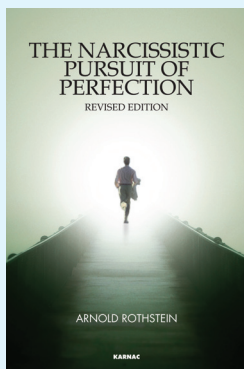
In particular, the author examines patients who express their mental state through fantasies about their body image. For example, the fantasy of an emptying of the self is discussed through the case of the patient Pierre, who asserts that he has no more blood or liquids in his body. Similarly, the fantasies of a young man who says that bats are flying out of his cheeks incarnate the anxiety of his first months of life expressed through his body. Indeed, Rosenfeld's particular focus is on the importance of the first months and years in the life of these patients.

'I think this is a brilliant book, both clinically and theoretically. The case descriptions include a level of detail of the working of countertransference not found in the writing of any other analyst writing today. The depth of this work with psychotic patients, in this case the psychosis of hypochondria, is without peer. The definition of countertransference contained in this book may be the most clearly thought out, theoretically inclusive, and clinically useful that I have ever read.'

– Thomas H. Ogden, psychoanalyst and author

Karnac Books, September 2014, 104 pp, B Format PB 9781782201694/£15.99





The Narcissistic Pursuit of Perfection

Revised Edition

By **Arnold Rothstein**, *teacher of psychoanalytic theory and technique for many years and author of numerous books and scientific papers.*

This book views the role of narcissism in analytic theory beginning with the writings of Freud and examines the conceptual changes that occurred with the development of ego psychology and object relations theory.

With this revised edition Dr. Rothstein expands his discussion of patients considered to be narcissistic personality disordered in order to discuss the issue of clinical limits. This is illustrated by case material from two attempts at the analysis of patients with latent psychosis. Discussions of countertransference and humiliation have also been added.

‘Overall, this book is recommended to psychotherapy clinicians of all disciplines and levels of sophistication. It is one of the better theoretical accounts of the narcissistic conditions.’

– **Carl Goldberg**, Ph.D., Associate Professor of Psychiatry, Albert Einstein Medical College, New York

Karnac Books, November 2014, 344 pp, Demy PB 9781780491578/£23.99



An Introduction to W. R. Bion's

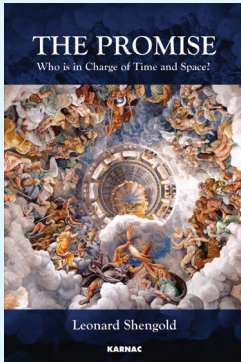
A Memoir of the Future

Volume One, Authoritative, Not Authoritarian, Psychoanalysis

By **P. C. Sandler**, *a training analyst and author of several books in Portuguese and many papers and book chapters, some of which have been published in English and French. He has translated most of Bion's books and papers into Portuguese.*

In the last years of his life Bion gathered unusual manuscripts handwritten in his tidy lettering that assumed the form of a trilogy. Finely typed and edited by his dedicated wife, they were named *A Memoir of the Future*. Many of the themes of this book were already evident in *Transformations* and *Attention and Interpretation*. These earlier books provide many of the theories whose practical counterpart finally found a form in the trilogy: as Bion himself noted, ‘the criteria for a psychoanalytic paper are that it should stimulate in the reader the emotional experience that the writer intends, that its power to stimulate should be durable, and that the emotional experience thus stimulated should be an accurate representation of the psychoanalytic experience that stimulated the writer in first place.’ Was Bion true to his word? It is perhaps left to the reader to answer this question. The present book is an attempt to indicate the view that Bion’s attempt was to present the burning flame itself – rather than presenting static photographs of the fire.

Karnac Books, October 2014, 400 pp, Demy PB 9781782200109/£35.00



The Promise

Who is in Charge of Time and Space?

By **Leonard Shengold**, a training analyst and former Director of the Institute for Psychoanalytic Education, currently in private practice as a psychiatrist in New York City.

Our sense of identity begins (our psychological birth sometime in the first year of life) with the feeling that we are the centre of the universe, protected by godlike benevolent parents who will enable us to live happily ever after.

This is the 'Promise' that is never given up, lurking in the unconscious part of our minds. We must learn, reluctantly, that our parents are unable to protect us from the passage of time, from decline, and from death. Yet we retain, even as adults, the delusion that, while others may die, we never will. This adds fuel to the murderous anger we are born with and must master, alongside the contradictory vertical split in the mind that we are destined to die. The 'Promise' is described in patients and in examples from biography and fiction in relation to anniversaries and specific holidays. The book ends with a specific illustration in relation to an eight-month-old infant.

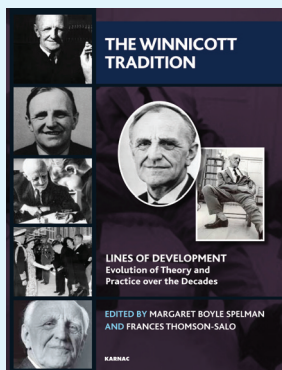
'Dr. Shengold, the master psychoanalyst and littérateur who made "soul murder" a household word in the 1980s, here gives us a gift of another wise treatise on lived relationships. As in *Haunted by Parents*, we re-visit nursery ghosts, never shying away from inner parental parricide and our inevitable hatreds. A new lens is his experience of ageing, with its renewal of lost promises and reclamations. Great literature joins us to this common humanity. Shengold is a wonderful storyteller – rich clinical tales of patients' anniversaries; the biographical writing of Woolf or Nabokov; cuttings from many gardens like Milton's or Shakespeare's. Climactically, the final chapters confront death and life. An essay on the analyst's classic August break leads to sad thoughts of yielding up his beloved profession; soon followed by a thrilled encounter with a little grandbaby, sweeping to a triumphant close with a joy in a life force that may serve to undo the dread of ultimate dissolution. It is as if the cycle of "the promise" can begin once more.'

– **Rosemary H. Balsam**, MD, FRC Psych (Lond), Associate Professor of Psychiatry, Yale Medical School, Training and Supervising Analyst, Western New England Institute of Psychoanalysis and author

'We may experience briefly with our mothers in infancy the promise of unchanging bliss being central to the universe and outside of time, and yearn for it thereafter through growth, individuation, maturation, work, and love. It becomes the marker by which we gauge development, traumata, sublimation, and regression. In this marvellous book, Leonard Shengold calls on his decades of psychoanalytic clinical experience and admiration of great literature and opera to trace and exemplify our struggles with change and ongoing conflicts, with our inevitable, tragic arc in life to death. He is a wonderful guide and a wise man.'

– **Paul Schwaber**, Professor of Letters Emeritus, Wesleyan University, Connecticut

Karnac Books, October 2014, 188 pp, Demy PB 9781782201502/£20.99



The Winnicott Tradition

The Lines of Development— Evolution of Theory and Practice over the Decades Series

Edited by Margaret Boyle Spelman, a registered clinical psychologist, psychoanalytic psychotherapist, and organisational psychologist working for three decades in the Irish Health Services and in private practice; and Frances Thomson-Salo, trained with the British Society as a child and adult psychoanalyst, is a training analyst

and past President of the Australian Psychoanalytical Society.

This volume in a book series on psychoanalytic leaders provides a geographically global sampler of writing stemming from Winnicott's complex and paradoxical thinking.

In the first section, on his work and legacy, his thinking is put into a context to reveal something of the origins, significant milestones, contemporary development, and theoretical expansion of his thinking.

In the second section, there is a recognition of the fact that Winnicott privileged clinical work. This section aims to illustrate the evolution of theory, expansion of concepts, and applications of Winnicott's body of work to the clinical situation with both children and adults in a variety of settings that include private practice, the health services, and residential programmes in a varied array of settings worldwide.

The third section on applications of Winnicott's work outside the consulting room celebrates his special capacity as a bridge-builder and as a figure whose work has had a very wide appeal and influence. His work continues to grow in its influence and to an unusual degree it informs the work of allied professionals and those in very many different disciplines, domains of thought, and work sectors to that of the traditional clinical ones of health and education. Several chapters indicate how his creativity inspired those in the creative disciplines.

Lastly, the fourth section provides personal reflections and accounts from those familiar with Winnicott's work or with the man himself and gives the reader an opportunity to experience the evolution of his thinking and influence through the eyes of contributors who have pertinent historical recollections and experiences.

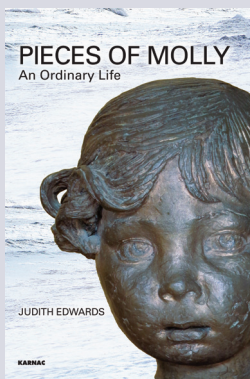
'I am proud and delighted to endorse this latest and important contribution to the Lines of Development series.'

– **Anne-Marie Sandler**, past Vice-President of the International Psychoanalytical Association and Sigourney Award Recipient

'This is a book that, now that it exists, makes us wonder that it was not done before. Winnicott's work continues to be of great relevance and value, and in these pages we see more of why: Winnicott not only theorised creativity, freedom of thought, the quest for personal meaning, and the interplay between internal and environmental realities, but he also seems to have enacted them continually in his life and work. The papers collected here locate Winnicott in his context, and show how and why he constantly stretched beyond it. They are a treasure trove that one imagines Winnicott would himself have been intrigued to read.'

– **Mary Target**, Professor of Psychoanalysis, University College London

Karnac Books, November 2014, 432 pp, Crown Quarto PB 9781782200079/£45.00



Pieces of Molly

An Ordinary Life

The Karnac Library

By **Judith Edwards**, a child and adolescent psychotherapist who has worked for over thirty years at the Tavistock Clinic. Apart from her clinical experience, one of her principal interests is in the links between psychoanalysis, culture, and the arts, as well as making psychoanalytic ideas accessible to a wider audience.

Molly's journey starts as everyone's does, in the womb. In most memoirs the ten years after conception and birth are swiftly passed over, but here we see life from the beginning through the eyes of Molly, a small child grappling with the realities of life as she grows up in rural England at the end of the Second World War. She is a curious little detective, keen to find out as much as she can about life and love. For her, the shadows behind the doors only make sense in hindsight, and buried family secrets come to light as she struggles with the problem of how and who to be in the world. This is a story that examines the boundaries between memory and imagination, hope and illusion.

'Pieces of Molly has a generosity of imagery and a range of allusion.'
– **Hilary Mantel**, Booker Prize winning novelist

'A subtle picture of an uneasy childhood, a troublesome mother, and a rural England that has long since vanished.'
– **Al Alvarez**, writer, poet, and critic

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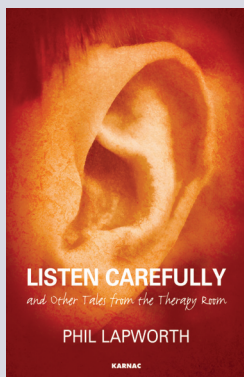
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